

# **Programme and Service Guide** **for sentencing**

Version 3 October 2015

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## Introduction

This guide is designed to give sentencers an overview of the programmes and services available to offenders in Warwickshire and West Mercia.

It covers the range of requirements available to offenders under the new Offender Rehabilitation Act 2014 (ORA).

The changes will only apply to offences committed after the relevant provisions in the act are commenced (those offences committed on or after 1 February 2015).

The guide covers the specified activities available to offenders not sentenced under ORA as well as a range of other services that are available to offenders that are not specified activities but add value.

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## What is a RAR?

The court will decide whether it is appropriate to impose this requirement and the maximum number of days the offender can be directed to take part in activities.

A responsible officer will then be able to direct offenders to attend appointments with them and to participate in activities with a view to promoting the offender's rehabilitation.

The responsible officer will decide where the offender should attend appointments, what the activities are, who the offender should report to and where the activities will take place.

The instructions to participate in activities must be given 'with a view to promoting the offender's rehabilitation', but that does not prevent them serving other purposes, such as reparation, including restorative justice activities.

If the offender unreasonably fails to engage they will be in breach of their order.



*'I have used positive self-talk to help me cope with my childhood memories and this has helped me deal with my drug and alcohol misuse'*  
*BBR client*

## Community/Suspended Sentence Order

A community order or a suspended sentence order can include one or more of the following requirements:

### 1. Programmes addressing specific offending behaviour including:

- *Building Better Relationships (domestic abuse programme)*
- *Drink Impaired Drivers programme*
- *RESOLVE (violent offender programme)*
- *Building Skills for Recovery (substance misuse programme)*
- *Thinking Skills programme*

### 2. Unpaid work

### 3. Curfew

### 4. Mental health treatment

### 5. Drug rehabilitation

### 6. Alcohol treatment

### 7. Prohibited activity

### 8. Exclusion

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### 10. Attendance centre

### 11. Restrictions on travel abroad

### 12. Rehabilitation Activity Requirement (RAR)

### 13. Specified Activity

### 14. Supervision Requirement

## Building Better Relationships (BBR - Domestic Violence Accredited Programme)

Building Better Relationships is a nationally accredited group-work programme. It is designed to reduce re-offending by adult male perpetrators of Intimate Partner Violence. The course prioritises the safety of women and children.

Those taking part in the programme are assessed for suitability before they start and have psychometric tests which look at the way someone thinks. A full report is done on all participants at the end of the course.

**Available in Warwickshire & West Mercia**

### Eligibility criteria:

- *Perpetrators of domestic violence offences and associated offences for example criminal damage, threatening words and behaviour where the victim is/was a partner*
- *Willing to sign a statement of understanding including sharing information with partner*
- *Assessed as a medium to high risk of relationship violence on Spousal Assault Risk Assessment (SARA)*
- *Accept responsibility of at least one violent act against a partner*
- *Medium/high risk*

### Exclusions:

- *Women perpetrators*
- *Offenders whose violence is exclusive to same sex relationships*
- *Serious mental health problems or substance misuse*
- *Literacy/language barriers*

## Drink Impaired Drivers Accredited Programme (DID)

The Drink Impaired Drivers Programme (DID) aims to deal with issues related to drinking and driving. Participants who have shown the motivation to change increase their knowledge of alcohol and its effects, both on themselves and on their driving skills. They also learn skills which help them to better control their thoughts, feelings and actions. Members of the group are helped to think about the effects of drinking and driving on others, particularly potential victims of road accidents.

**Probation report writers note exclusions:**  
*Audit score 20+, Not with LIAP/OSAP, OGRS 50+*

**Available in Warwickshire & West Mercia**

### Eligibility criteria:

- *Offenders convicted of driving under the influence of alcohol*
- *Aiding and abetting the above*
- *Failing to provide a specimen*
- *Drunk in charge of a vehicle*
- *Driving whilst unfit through drink and drugs*
- *History of drink drive caused injury/accident*
- *x2 or more legal limit*
- *Male/female*
- *Aged 18+*

### Exclusions:

- *Substance misuse or mental health problems at a level which prevents meaningful engagement*
- *Where drug misuse is key factor in offence*
- *Where there are 4 plus non-driving offences which case refer offender to a general offending programme*
- *Literacy/language barriers*

## Building Skills for Recovery/ Offender Substance Abuse Accredited Programme (OSAP)

This is a psychosocial programme which can be delivered in a group setting or on a one-to-one basis. It aims to reduce offending behaviour and problematic substance misuse with an eventual goal of recovery. This is achieved through the exploration of previous and current substance use and the acquisition of a skill set to prevent future relapse into former patterns and behaviours – in essence the formulation of a person centred 'Recovery toolkit'.

**Available in Warwickshire**

### Eligibility criteria:

- *Offences related to drug/alcohol misuse*
- *Misuse causes offending history*
- *DRR assessment*
- *Male/female*
- *Aged 18+*

**Probation report writers note:**  
*OGRS 51+, OASys (S8/9) 4+*

### Exclusions:

- *Domestic abuse offences*
- *Racially motivated offences*
- *Literacy/language barriers*
- *Mental health*

## RESOLVE Accredited Programme

A moderate intensity, cognitive-behavioural intervention that aims to reduce violence in medium risk adult male offenders.

### Eligibility criteria:

- *Current conviction for violent offence*
- *Offenders with history of reactive and/or instrumental violence*

### Probation report writers note:

*Male only, 18+, med/high risk pattern of violent offending, OGRS 50+ (some flexibility as with TSP)*

### Exclusions:

- *If index offence is domestic abuse*
- *Mental health issues*
- *Literacy/language barriers*

**Available in Warwickshire**

## Thinking Skills Programme Accredited Programme (TSP)

The programme aims to reduce reoffending by engaging and motivating, coaching and responding to individual need and building on continuity.

### Eligibility criteria:

- *Male/female*
- *History of impulsive offences*

### Probation report writers note:

*OGRS 50+ (some scope for OGRS 45-50% based on need and discussion between treatment/offender managers)*

### Exclusions:

- *If risk indicates more than 1 programme (e.g BBR or RESOLVE), consider sequencing*
- *Mental health issues*
- *Not suitable for acquisitive crime male offenders*

**Available in Warwickshire & West Mercia**

## Drug Rehabilitation Requirement (DRR)

Provides fast access to drug treatment programmes with a goal of reducing drug related offending.

### Eligibility criteria:

- *Drug use is a significant factor in their offending, regardless of the drug used*
- *Offender susceptible to treatment, willing to comply and treatment arrangement in place*

### Exclusions:

- *Unmotivated offenders*
- *Assessment must be agreed*

**Available in Warwickshire & West Mercia**

## Alcohol Treatment Requirement (ATR)

Suitable for hazardous and harmful drinkers in certain circumstances where alcohol is the dominant feature in the offending and the offender would benefit from treatment.

### Eligibility criteria:

- *Offenders who are dependent on alcohol*
- *Dependency requires and is susceptible to treatment*
- *Willing to comply with the requirement*

### Exclusions:

- *Non dependent alcohol users*

**Available in Warwickshire & West Mercia**



*'Whilst doing Community Payback, it has made me think about what I did and it has given me the opportunity to give something back'*  
UPW client



**Care Farm Skills Training RAR/Specified Activity of up to 25 sessions**

Addresses self discovery and provides opportunities to undertake purposeful work activity and training in a rural setting.

**Eligibility criteria:**

- Aged 18+
- Offenders who need structure, want to engage in purposeful activity and improve cognitive skills
- Those at high risk of reoffending
- Stable substance misusers

**Exclusions:**

- Domestic violence
- Sex offenders or serious violent offenders

**Available in West Mercia**

*'When I first started the programme, I thought I was being unfairly punished, however I soon found myself being re-educated in a way I never thought was possible.'*  
client

### Attendance Centre Requirement for 12-36 hours

Attendance centres provide the courts with an option that not only punishes offenders by loss of their leisure time, but also provides a disciplined learning environment.

**Eligibility criteria:**

- 18-24 year olds
- Low to medium risk of harm offenders
- Can travel to centre within 90 minutes each way

**Available in Warwickshire & West Mercia**

### Curfew Requirement (punishment)

Where it is one of multiple requirements as the CRC is then the responsible officer for the offender management function.

**Available in Warwickshire & West Mercia**

### Unpaid Work Requirement (UPW)

Unpaid Work (community payback) meets the sentencing purposes of punishment and reparation. There are also rehabilitative benefits, as Unpaid Work can provide an opportunity to develop life and vocational skills that reduce the risk of re-offending.

**Eligibility criteria:**

- Available to work at least one day per week and if unemployed to work for up to four days
- Assessed to undertake work with various partners, charity shops, voluntary sector organisations, local authorities, conservation projects

**Exclusions:**

- Substance misusers
- Offenders who are certified by GPs as unfit to work in any capacity

**Available in Warwickshire & West Mercia**

### The SHIFT Care Farm RAR/Specified Activity of up to 16 sessions

Addresses self discovery and provides opportunities to undertake purposeful work, activity and training in a rural setting.

**Eligibility criteria:**

- Aged 18+
- Offenders who are at risk of reoffending and want to engage in purposeful activity

**Exclusions:**

- Domestic Violence
- Violent or sex offenders

**Available in Herefordshire only**

### Reducing Violence (RVP) RAR/Specified Activity of up to 10 sessions

Addresses overt aggression that leads to violent behaviour. In particular, aggression that involves the intentional application of physical force to another person.

**Eligibility criteria:**

- Male perpetrators of instrumental violence and those with emotions/anger, aggression and male masculinity

**Exclusions:**

- Domestic violence offenders
- Sex offenders
- Mental health and serious substance misuse offenders
- Women offenders
- Licensed offenders

**Available in West Mercia only**

## Workbook RAR/Specified Activity Requirements of up to 10 sessions

The sessions focus on alcohol, victims, anger management, substance misuse, gambling, motor and general offending.

### Eligibility criteria:

- Offenders who did not meet the accredited programme eligibility criteria
- Offenders whose offending is less serious but serious enough to require challenge and change
- Offenders for whom the work environment is less effective

### Exclusions:

- Serious violent or sex offenders

Available in Warwickshire & West Mercia

## Domestic Abuse Workbook RAR/Specified Activity of up to 15 sessions

Sessions focus on educating participants on the effects and impact of domestic abuse.

### Eligibility criteria:

- Offenders who did not meet the accredited programme eligibility criteria
- Offenders whose offending is less serious but serious enough to require challenge and change
- Offenders for whom the group work environment is less effective

### Exclusions:

- Serious violent or sex offenders

Available in Warwickshire & West Mercia

## Women's Residential RAR/Specified Activity Willowdene Rehabilitation Centre

Residential intervention in a rural setting for 7 weeks as a direct alternative to custody. Women engage in therapeutic processes to address the root causes of their offending (drugs, alcohol, emotional wellbeing, confidence building and training skills development).

### Eligibility criteria:

- Women offenders at risk of custody with this proposal being a direct alternative
- Requires assessment for residence pre-sentence as residence will be in rural location
- Aged 18+

### Exclusions:

- Serious violent or sex offenders
- Male offenders
- Women who are not at risk of custody

Available in Warwickshire & West Mercia



## Explorer RAR 5 sessions

Focusing on life skills, self discovery, using money and time well, employment skills/living with purpose, goal setting and action planning to making positive life changes.

### Eligibility criteria:

- Service users who are not work ready and need structure/support to live a meaningful and purposeful life

### Exclusions:

- Violent or sex offenders

Available in Warwickshire & West Mercia

## Victim Impact Awareness RAR 3 sessions

Sessions focus on raising awareness of the impact of crime. The second session focuses on engaging in understanding the particular impact of a specific crime, on a specific victim, through case studies, video or discussion groups.

### Eligibility criteria:

- Offenders who need a better understanding of the effects of crime on victims

### Exclusions:

- None

Available in Warwickshire

## Women's RAR/Specified Activity of up to 10 sessions

Sessions focus on the individual needs of women and include assertiveness, confidence building and improving attitudes and behaviour.

### Eligibility criteria:

- Women offenders who want to address their offending in a bespoke, woman friendly environment

### Exclusions:

- Serious violent or sex offenders
- Male offenders

Available in Warwickshire & West Mercia

## Enhanced support for supervision (ESS) of up to 40 sessions

To support service users to address barriers to compliance, make positive life choices and improve their motivation.

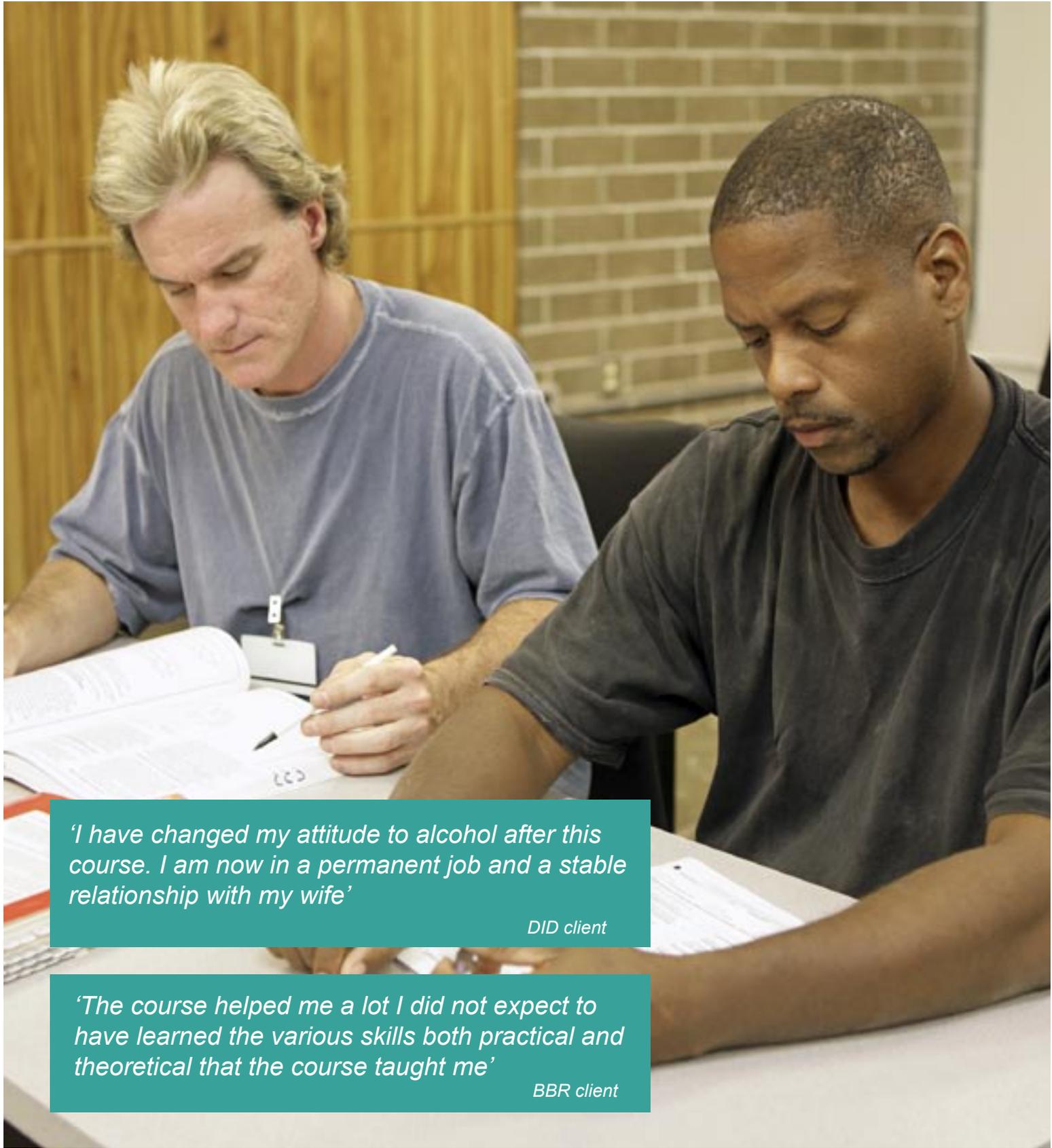
### Eligibility criteria:

- Service users at highest risk of reoffending or who have complex needs and a degree of motivation to change

### Exclusions:

- None

Available in Warwickshire & West Mercia



*'I have changed my attitude to alcohol after this course. I am now in a permanent job and a stable relationship with my wife'*

*DID client*

*'The course helped me a lot I did not expect to have learned the various skills both practical and theoretical that the course taught me'*

*BBR client*