

BRALEY HOUSE REGIME

	AM	PM
MONDAY	9am – 10am chores – change bedding, tidy flat 11am Flat checks by staff	2.30pm – 4pm Staff in a Team Meeting
TUESDAY	9:30am Residents’ Meeting (fortnightly) with Manager/staff member	3pm – 4pm Attend a module of the Rolling Programme, if instructed (e.g. Assertiveness, Relationships, Budgeting) or Purposeful activity for an hour
WEDNESDAY		3pm – 4pm Attend a module of the Rolling Programme, if instructed Or Purposeful activity with staff, for an hour
THURSDAY		Purposeful activity with staff, for an hour (gardening, painting etc)
FRIDAY	Employment skills/training advise Or Housing advise surgery (monthly)	Evening leisure activity e.g. pool/darts competition, cooking a meal, Bingo, watch DVDs.
SATURDAY	Free	Fire alarm bell test
SUNDAY	Free	Evening leisure activity, if planned